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Monthly Newsletter

February 2026

Annual Cookie Ride & Cookie Bake-Off 🍪 🚴



Our Annual Cookie Ride and Cookie Bake Off is coming up on Sunday, February 28!



We will have two routes to choose from, a longer option and a shorter option, then we regroup for cookies and coffee. Starbucks coffee will be available. ☕

Cookie Bake Off details (for the assigned bakers)

We are looking for 8 to 10 bakers. Our Cookie Bake Off bakers have the cookies handled, your only job is to ride and enjoy. No need to bring cookies or anything else.



- * 2 dozen cookies, half size preferred so they go farther
 - * Cookie name and ingredient list
 - * One cookie in a bag with your name on it for judging
- Award for 1st, 2nd, and 3rd place. 🏆🍪

An RSVP email will be sent separately. Please check the club calendar for full ride details, including start location, time, and route links.

Looking forward to a great day on the bike, with friendship, cookies, and coffee!

UPCOMING ENDURO RIDE

American River Trail Enduro

Another month and another great enduro planned!

SATURDAY JANUARY 9TH

See the [CALENDAR](#) for all the details

RIDE SMART, RIDE SAFE

Unfortunately, there is more fog in the forecast, so let's keep safety top of mind as we ride in February.

Foggy Route Choice

On heavier fog days, choose routes with wider shoulders, fewer high speed roads, and simpler intersections. Fewer left turns and complicated crossings give drivers more time to see you and respond.

Lights And Visibility Etiquette

In fog, use a strong front light and a rear light even in daylight. Aim the front light slightly down so you can see the road without blinding riders ahead, and check your rear light reflection in a window or mirror so it is bright but not harsh for the person behind you.

Seeing Clearly In The Fog

cloth handy to wipe them, and if needed, stop briefly to clear your vision so you are not guessing at the road surface.

. EZ RIDERS

This ride is still happening....but paused due to wet roads, cold temps, fog and more fog. We hope to resume rides in February.

Tired of rides that leave you wiped out? The **EZ Riders** are here for you! We're a fun new subgroup that loves the beauty of the Sierra Foothills—without all the grind. Our rides feature gentler hills, shorter climbs, and a pace that allows you to truly enjoy the view. Perfect for recovery days, busy weeks, or getting back in the saddle after time away. Come roll with us—easy miles, good company, and plenty of smiles guaranteed!

The rides are generally on Saturdays, but I can do Fridays or Sundays if people want. I also need ride leaders.

Thanks!

Jennifer Fink

2026 CLUB EVENTS

FEBURAY ENDURO

Saturday January 14th

American River Trail

All the details are on the calendar

ANNUAL COOKIE RIDE 🍪

And Bake Off 🏆

Saturday February 28th

ANNUAL SUMMER CAMP PETALUMA

June 18-21

MOUNT SHASTA CAMP

E-Bike Regulations - The Good and the Bad

Rising e-bike use sparks new safety laws in California

[Read the article here.](#)

CLUB POLICY - GUESTS

Club Policy on Guests Joining Rides

We love seeing new faces at our rides and events, and we encourage you to invite guests to join us. It's a great way to grow our club and share the joy of cycling with others. To help ensure everyone understands our policy, here's a quick reminder about how guests can participate:

- **Guests are welcome to join us for one ride or event as a trial experience.**
- **To participate again, they'll need to become a club member.**

This policy allows us to give potential new members a chance to see what our club is all about while maintaining the benefits and support that come with membership.

If you have a guest who's interested in joining, feel free to share information about our membership process or direct them to the club's [website](#). We're always excited to welcome new members into our community!

Thank you for helping us grow our club and for making it such a welcoming club for cyclists of all levels.

LET'S GET SOCIAL!

Did you know we have an [SFCC Facebook](#) page? This is where **we post photos from rides and events**, share updates, and keep members informed about upcoming activities. It's a great way to stay connected, celebrate our rides, and engage with fellow members!

On our **Facebook** page, you can:

- See and share photos from club rides and events
- Stay updated on upcoming rides and special events
- Connect with other members and share your cycling experiences
- Get important club announcements and reminders



SFCC has purchased club stickers that are free to all SFCC members. These are custom-made with the SFCC logo on them and are approximately 5" x 3.25"

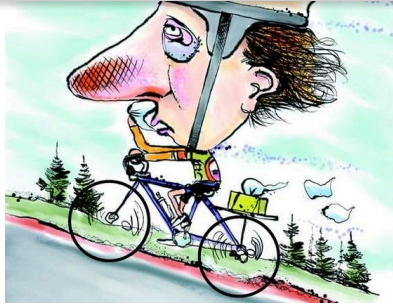


The socks are \$10/pair. If you intend to buy some, please bring exact change.

deb2don.dh@gmail.com

Contact Deb if you're interested in ordering clothing.

Let's spread good vibes, not germs! 🎉



Let's spread good vibes, not germs! 🍌

We all want to keep the group healthy and riding strong. If you're feeling off — coughing, sneezing, or running any symptoms — please take some time to rest and recover at home. 🤧

Even if you're starting to feel better but still not quite back to 100%, it's best to sit this one out so we don't pass anything around.

Let's be thoughtful and keep the good energy alive — no need to share germs when you can share a future ride instead! 🍌 Your health and the health of everyone else matters most. And remember, your health is our priority!

NEW MEMBERS

Tammy Ohs

Michael Sexton

Chuck Orella

Mitchell Hayes

Robert Smith

John Hinke

BOARD MEMBERS

President | **Bob Peterson** | president@sfcyclists.org

Vice President | **Kim Moyano** | vp@sfcyclists.org

Secretary | **Steve Peck** | secretary@sfcyclists.org

Treasurer | **Doug Parks** | treasurer@sfcyclists.org

Membership Director | **Monica Pappas** | membership@sfcyclists.org

Webmaster | **Larry Merlo** | webmaster@sfcyclists.org

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Merchandise Chair | **Deb Hallford** | merchandise@sfcyclists.org

SFCC Consultant | **Larry Matz**

Bicycle Advocacy & Safety Team Chair | **Dana Hofheinz** |

advocacyandsafety@sfcyclists.org

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